

What is Individual Healing Map?

It is a custom healing process, professionally created by Fresh Start natural health specialist, leading you through various program stages.

Who the Map is for?

It is designed for all participants of Physical, Emotional and Habits Re-patterning Go-Deeper™ Programs.

What is the purpose of the Map?

To help the professional and you set laser-specific goals, create individual plan and measure improvements.

What can you expect?

While you experience the same program Healing Structure™ (meals & activities) as other guests, your will be also working on your individualized health goals (individual services).

21-Day Individual Healing Map

Pre-program Assessment
The first step is to get clear on
what your health concerns are.
We'll evaluate your life-long
history, current diet and your

program goals.

Upon Arrival Assessment

In-depth professional assessments will follow upon your arrival. We will set individual goals and review your emotional wellness questionnaires.

Explanation Consult
Your Program Director w

Your Program Director will meet with you, explain the tests results, will present you the plan and ask your input and approval.

Mid-Program and End-Program Results Assessments

Individual Healing

During your stay you'll

experience: Fresh Start

Path™

Professional and Self-Assessments are used to measure your improvements and to prepare the next set of goals.

Individual Post-Program Tips4Journey

based on symptoms observations and previous response to the chosen methods, we'll put together for you a plan to continue on when home.

Healing Structure™.

One-on one Therapeutic and Detox Services; and Supplements for Rebalancing, Rebuilding and Cleansing of the organs in need.

Post-Program Healing Momentum
While results and ability to

retain them are individual, most continue experinecing improvements for several months to 1-2 years after.

Individualized Healing Plan Creation

> based on before/upon arrival assessments, we will design for you one-on-one treatments and specialized formulas program.

Disclaimer: Though Fresh Start Guests usually get amazing results, we cannot guarantee recovery from/improvement of any specific disease or symptom. The results are individual and depend on many factors, including program length, type of condition, its severity, causes and commitment to the process.