

21-Day Individual Healing Map

What is Individual Healing Map?

It is a custom healing process, professionally created by Fresh Start natural health specialist, leading you through various program stages.

Who the Map is for?

It is designed for all participants of Physical, Emotional and Habits Re-patterning Go-Deeper™ Programs.

What is the purpose of the Map?

To help the professional and you set laser-specific goals, create individual plan and measure improvements.

What can you expect?

While you experience the same program Healing Structure™ (meals & activities) as other guests, you will be also working on your individualized health goals (individual services).

1 Pre-program Assessment

The first step is to get clear on what your health concerns are. We'll evaluate your life-long history, current diet and will create an initial healing focus.

6 Mid-Program and End-Program Results Assessments

Professional and Self-Assessments are used to measure your improvements and to prepare the next set of goals.



2 Upon Arrival Assessment

In-depth professional and emotional wellness assessments will follow upon your arrival. You will set individual goals.

3 Individualized Healing Plan Creation

based on before/upon arrival assessments, we will design for you one-on-one treatments and specialized formulas program.

4 Explanation Consult

Your Program Director will meet with you, explain the tests results, will present you the plan and ask your input and approvals.

5 Individual Healing Path™

During your stay you'll experience: Fresh Start Healing Structure™. One-on one Therapeutic and Detox Services; and Rebalancing, Rebuilding and Organ-Specific Cleanses.

7 Individual Post-Program Tips4Journey

based on symptoms observations and previous response to the chosen methods, we'll put together for you a plan to continue on when home.

8 Post-Program Healing Momentum

While results and ability to retain them are individual, most continue experiencing improvements for several months to 1-2 years after.

Disclaimer: Though Fresh Start Guests usually get amazing results, we cannot guarantee recovery from/ improvement of any specific disease or symptom. The results are individual and depend on many factors, including program length, type of condition, its severity, causes and commitment to the process.